## SAMPLE SNACK MENUS



Graham Crackers	Apple Wedges	Muffin
Milk	Peanut Butter	Orange Juice
Cheese Whole Wheat Crackers	Carrot Sticks/Dip Apple Juice	Cinnamon Whole Wheat Toast Grape Juice
Whole Grain Cereal	Wheat Crackers	Tortilla Chips
Milk	Orange Slices	Salsa
Animal Crackers	Kiwi	½ Bagel
Milk	String Cheese	Peanut Butter
Banana Bread Milk	English Muffin Pizza w/Sauce and Mozzarella Cheese	Cheese Flavored Crackers Apple Juice
Oatmeal Raisin Cookie	Soft Tortilla	Canned Peaches
Milk	Sliced Cheese	Yogurt
Yogurt	Cottage Cheese	Raw Vegetables w/Dip
Raisin Bread	Pineapple Rings	Wheat Thins
Cheese Cubes	Banana	Rice Cake
Apple Slices	Vanilla Wafers	Peanut Butter
Meat and Cheese Cubes	Ham Salad	Granola Bar
Crackers	Whole Wheat Crackers	V-8 Juice